



The Westchester County
Department of Emergency Services

TRAINING ANNOUNCEMENT

Issued: March 2, 2023

	<p>Mount Sinai Selikoff Centers for Occupational Health</p>	<h2>Injury Prevention & Reduction for EMS</h2>
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Established to reduce EMS worker injury rates, this program includes collaborative discussions with EMS safety leadership to identify organizational safety culture, followed by hands-on workshops for the EMS workforce.

Workshop includes hands-on simulations of high-risk EMS job-tasks and educational sessions addressing:

- Ergonomic exposures and injury risk
- The value of reporting on-the-job incidents and injuries
- Stretches and strengthening exercises to integrate into the workday
- Healthy work postures and body mechanics
- Safe patient handling techniques to mitigate injury risk



This course may be applied toward Preparatory, Patient Lifting and Moving, or General Elective CME hours under the NY State DOH EMS CME Program.

Date(s) / Time(s): Tuesday, March 21st 9-12pm

Targeted Audience: EMS Providers

Program Location: 4 Dana Rd. Valhalla 10595 (In-Person Only)

Program Cost: None

Registration: - <https://training.westchestergov.com/training/login.do>

-Please refer all related questions for this class to Nyle Salley, EMS Division, WCDES (914) 231-1495 or email nas5@westchestergov.com